



## Autism Parent/Carer Information Sessions 2023-24

### High School

### Nov-Dec 2023

- Autism information sessions are now planned **for parents and carers of children with an autistic diagnosis, or for parents/ carers who have mentioned autism as a possibility. Children must be attending a mainstream City of Edinburgh High School**
- Sessions will take place on **Microsoft Teams**
- Children should not attend
- Pre-recorded versions of the sessions will be made available to those who register via Eventbrite and links will be sent after each live session. Subtitles in most languages are available when watching the pre-recorded videos.

Parents/ carers to book through Eventbrite up to 4 days before the start date to secure your place or to receive the recordings

Secondary: Nov-Dec			
Title	Date	Time: Lunchtime	Lead Professional
1-Introduction to autism in the teenage years	08.11.23 Wednesday	12.30-2pm	Education: Additional Support for Learning Services (ASLS)
2- Skills of independence/ sensory supports	15.11.23 Wednesday	12.30-2pm	NHS: Occupational Therapy (OT)
3a- Looking after mental health and wellbeing ----- 3b- Managing anxiety	22.11.22 Wednesday	12.30-2pm	NHS: CAMHS & Education: Psychological Services
4- Relationships and sexual health	29.11.23 Wednesday	12.30-2pm	Education: Psychological Services
5- Friendship and leisure	06.12.23 Wednesday	12.30-2pm	NHS: Speech and Language Therapy (SLT) Social Work: Safeguarding & Child Protection
Optional Live Q&A	13.12.23 Wednesday	12.30-2pm	ASL Service, OT, CAMHS, EP



Book via [eventbrite](#)



Or call 0131 4692850 and leave a message with your 1) **child's name**, 2) **parents name**, 3) **parent's postcode**, 4) **name of child's high school** and 5) **email address** you would like the invite to be sent to.